

# 2018 GOALS & STRATEGIES SHEET

	What do I want to change or do?	What will it do for me?	How can I do it? Tomorrow, next week, next month?
<i>Goal 1</i>			
<i>Goal 2</i>			
<i>Goal 3</i>			
<i>Goal 4</i>			
<i>Goal 5</i>			